



Salad Bar, Cheese
and Crackers and
Fresh Fruit available
daily

West House School – Weekly Lunch Menu

 **Week Beginning:** 15th June, 6th July

	Soup & bread roll	Main	Halal Main	Vegetarian Main	On the Side	Chefs Extras	Dessert
Monday	Soup of the day	Spaghetti bolognese Beef, Halal Beef, or Vegetarian options			Mixed vegetables green beans garlic bread, pasta (G)	Pasta and Tomato Sauce Jacket Potato	Strawberry mousse (MK)
Tuesday	Soup of the day	West House Hotdogs Pork, Halal Chicken or Quorn sausage options G, SU			Brioche rolls (G) Herby diced potato Baked beans	Pasta and Tomato Sauce Jacket Potato	Homemade Apple crumble and custard (G, MK)
Wednesday	Soup of the day	West House Roast Chicken, Halal Chicken or Quorn			Roast potatoes Stuffing (G) Sliced carrots Cabbage Gravy	Pasta and Tomato Sauce Jacket Potato	Fruit Yoghurt (M)
Thursday	Soup of the day	Tikka masala curry Chicken, Halal Chicken, Quorn			Basmati rice Nann bread (G) Broccoli Roast vegetables	Pasta and Tomato Sauce Jacket Potato	Homemade Jam and coconut sponge (G, E) Custard (MK)
Friday	Soup of the day	West House Fish Friday Breaded Fish Fingers (G, F)		Vegetable Fingers (G)	Fries Garden Peas Mushy peas Curry Sauce	Pasta and Tomato Sauce Jacket Potato	Rice Pudding (MK)

E = Eggs F = Fish G=Cereals containing Gluten Mk = Milk SU = Sulphur Dioxide





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West House School – Weekly Lunch Menu

Week Beginning: 1st June, 22 June

	Soup & bread roll	Main	Halal Main	Vegetarian Main	On the Side	Chefs Extras	Dessert
Monday	Soup of the day	Meatball Sub Pork meatballs (G) Halal Meatballs, Falafel (G)			Sub roll (G) Pasta Sweetcorn Peas Grated cheese	Pasta and Tomato Sauce Jacket Potato	Sliced peaches in juice
Tuesday	Soup of the day	Macaroni cheese (G,MK)			Garlic bread	Pasta and Tomato Sauce Jacket Potato	Homemade Vanilla and chocolate chip Sponge (G E,MK) Custard (MK)
Wednesday	Soup of the day	West House Roast Beef, Halal Beef Vegan Ham, potato and broccoli frittata			Yorkshire pudding(MK,E,G)Sliced carrots,Green beans	Pasta and Tomato Sauce Jacket Potato	Jelly
Thursday	Soup of the day	Mediterranean chicken Chicken or Halal chicken	Seasoned tofu (Soya)		Pasta(G) Sweetcorn Roast cauliflower	Pasta and Tomato Sauce Jacket Potato	Melon slices Yoghurts (MK)
Friday	Soup of the day	West House Fish Friday Breaded Fish Fingers (G,F)	Vegetable Fingers (G)		Fries Garden Peas Mushy peas Curry Sauce	Pasta and Tomato Sauce Jacket Potato	Homemade Chocolate brownie (G,MK)

ALLERGENS

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West House School – Weekly Lunch Menu

Week Beginning: 8th June, 29th June

	Soup & bread roll	Main	Halal Main	Vegetarian Main	On the Side	Chefs Extras	Dessert
Monday	Soup of the day	Pizza slice(cheese and tomato) (G,MK)			Sweetcorn Onion rings (G) Fries	Pasta and Tomato Sauce Jacket Potato	Ice cream (MK)
Tuesday	Soup of the day	Homemade Chilli Beef, Halal Beef, Vegetarian			Rice Pitta bread (G) Mixed vegetable Broccoli	Pasta and Tomato Sauce Jacket Potato	Homemade Chocolate sponge (G,E) Custard (MK)
Wednesday	Soup of the day	West House Sausage and Mash Pork sausage (G,S), Halal, Quorn			Creamy mash Baby carrot Peas	Pasta and Tomato Sauce Jacket Potato	Homemade Fruity flapjack (G)
Thursday	Soup of the day	Make your own wrap Popcorn Chicken (G), Halal Chicken, Vegan Nuggets			WhoLemeal Wrap (G) Sweetcorn Baked beans	Pasta and Tomato Sauce Jacket Potato	Raspberry mousse (MK)
Friday	Soup of the day	West House Fish Friday Breaded Fish Fillet Breaded Fish Fingers (G,F)	Samosas		New Potatoes Garden Peas Mushy peas Parsley sauce	Pasta and Tomato Sauce Jacket Potato	Eves pudding (G,E) custard (MK)

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